

Promoting healthy urban environments: The case of M'Wikwedong Indigenous Friendship Centre

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Disclosure Statement

- I have no affiliation (financial or otherwise) with a pharmaceutical, medical device or communications organization.



The 'urban' in Canada

- Built on seized Indigenous land
- The Friendship Centre movement



Research initiation

- Volunteer work
- Informal conversations with youth around research topic and methods
- Academic relevance



Health Promotion

Who?
Health Promotion
professionals

Who?
Indigenous peoples,
communities and land



Colonial relationship

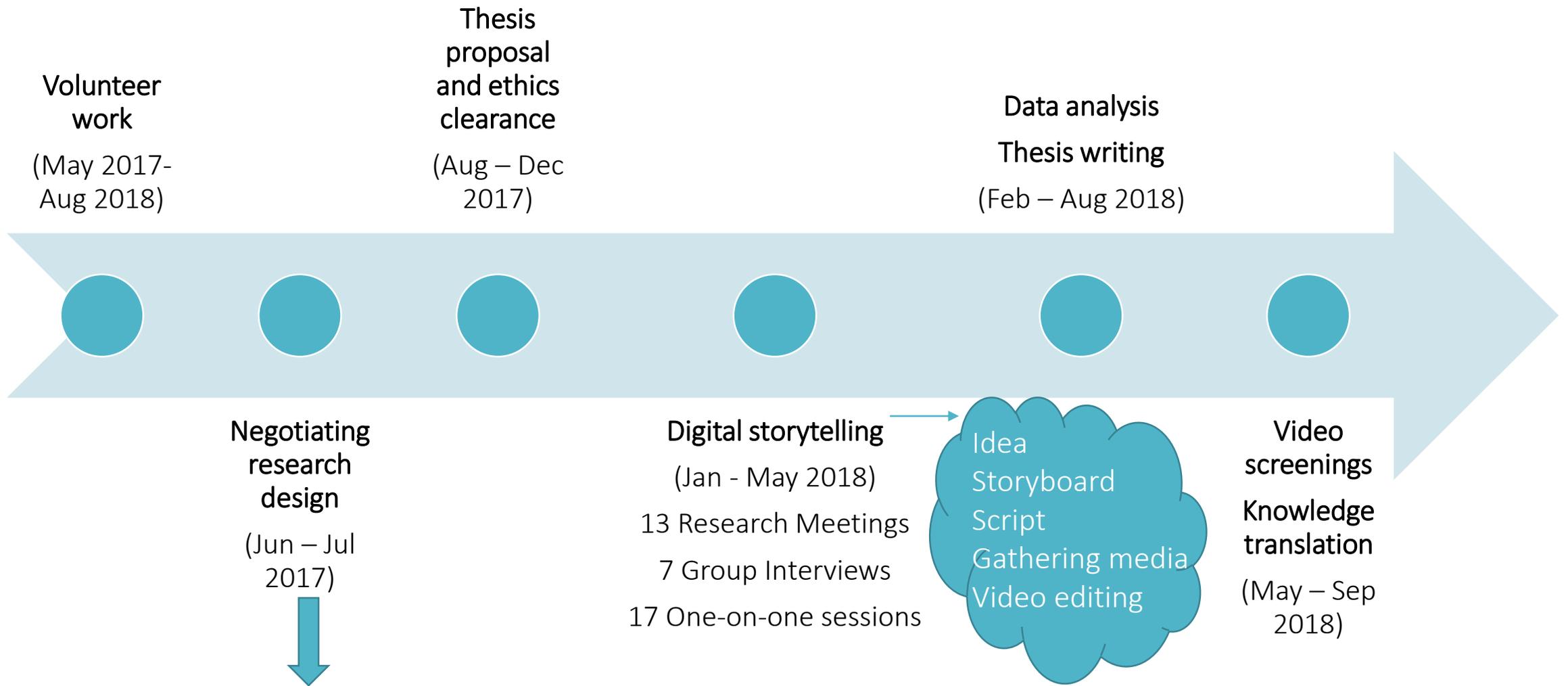
McPhail-Bell, K., Bond, C., Brough, M., & Fredericks, B. (2015). 'We don't tell people what to do': ethical practice and Indigenous health promotion. *Health Promotion Journal of Australia*, 26(3), 195–199. <http://doi.org/10.1071/HE15048>

“Environmental repossession refers to the social, cultural and political processes by which Indigenous peoples and communities are reclaiming their traditional lands and ways of life.”

Big-Canoe, K., & Richmond, C. A. M. (2014). Anishinabe youth perceptions about community health: Toward environmental repossession. *Health and Place*, 26, 127–135.
<http://doi.org/10.1016/j.healthplace.2013.12.013>

Environmental repossession

Anishinaabe youth from Pic River
First Nation in Northern Ontario



How does M'Wikwedong foster health in the city of Owen Sound from the perspective of young Indigenous peoples?

Research findings

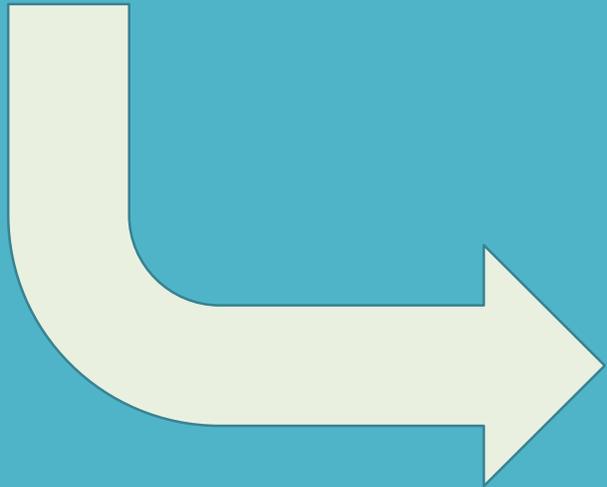
M'Wikwedong is open to everyone
Monday to Friday 9-5 at 1723 8th Ave E
Owen Sound, Ontario

*Please check programming and drop-in times

You can also contact
Wasa-Nabin Program Coordinator
wasa-nabin@mwikwedong.com



M'Wikwedong's work as environmental repossession



Health Promotion
Public Health

Distinctive approach of
M'Wikwedong's
health promotion work:
A **relational** approach

From
increasing control over health
to
fostering connection as
inherently health promoting

Thank you!

Contact:

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Do you want to watch the digital storytelling videos?

www.mwikwedong.com

Scroll down and you will find them!

